

Noemi Zaharia, EdD, OLY

Education:

- EdD., October 2020** **Doctor of Education in Sports Management, Specialization in Sports Leadership**, United States Sports Academy, Daphne, AL
Dissertation: Do Olympic medalists possess more leadership characteristics than Olympic non-medalists?
- MS., December 2007** **Master of Science**, Department of Physical Education and Sports Management, Florida International University, Miami, FL
- BA., December 1995** **Baccalaureate of Arts**, Elementary Education, Florida Atlantic University, Boca Raton, FL

Academic Teaching Experience

- 2021- present** **Clinical Assistant Professor- University of Alabama in Huntsville, AL**
(Teaching both in person and online)
- Sports Law-* This course is designed to introduce students to the legal doctrines, major statutes, standards, and case law that establish legal responsibilities, rights, privileges and controls related to the field of exercise and sport sciences.
- Sports Marketing-* Sport Marketing presents an overview of the various techniques and strategies used in meeting the wants and needs of consumers in the sport industry as well as the understanding how sport can be used to assist in the marketing of other companies and products.
- Facilities and Equipment Management-* This course will provide theories for the design, development, operation, maintenance, and management of sport and fitness facilities.
- Principles of Coaching -* Gain knowledge and skills specific to coaching, developing a coaching philosophy and objectives, motivating athletes, managing a team. Coursework provides preparation for the American Sport Education Program (ASEP) Coaching Principles exam which is required by the Alabama High School Athletic Association (AHSAA).
- 2016- 2021** **Adjunct Professor - Florida International University, Miami, FL**
(Teaching both in person and online)
- Applied Concepts of Fitness and Health.* Instructor of course that covers content and methods for teaching activity/theory classes in which the primary emphasis is the development of fitness.
- Principles and Practices of Coaching.* Developer and instructor for a course that prepares students to examine the organization, philosophies, and skills necessary for coaching sports in diverse educational environments.

Senior Seminar in Physical Education. Developer and instructor of course that supplements the internship experience in a way that encourages job acquisition immediately after graduation creating a professional portfolio.

Sociology of Sport. Instructor of course dealing with basic principles of the sociological bases of sport that are presented and discussed.

Sport and Fitness Internship. Supervised field experience in an approved sport or recreational setting.

Publications:

Zaharia, N. & Zaharia, V. (2020). Case Study: "Government Reform in the Romanian Olympic Committee." *Governance in Sports: Analysis and Application*- Human Kinetics. ISBN1492589470.

Zaharia, N (2021). The impact of athletic achievement on leadership traits of Olympic athletes: A cross gender, age, and cultural study. *DIAGORAS, International Journal of Olympic Studies*.

Conference presentations:

Zaharia, N. (2021). Does the unique leadership characteristics of Olympic athletes enhance their employability? For the International University Sports Federation (FISU) World Conference 2021, Lucerne, Switzerland.

"#SportToo: Improving opportunities for women and women of color in sport management." Online Panelist: Terri DeFour, Lizette Goodloe, Sandra Geringer, Cheryl McCormick, Bonnie Tiell, Katrina Wahlstrom, **Noemi Zaharia**. Facilitated discussion led by Rosandich, J. L., Herron, R. L., Pak, H., Mitchell, S., Spradley, B. D. at the North American Society of Sport Management Annual Conference. Virtual Conference, June 3–5, 2021.

Submitted for review for Conferences:

Zaharia, N. (Accepted)). The impact of coaches on the Olympic athlete's career transition. For International Council for Coaching Excellence (ICCE) Conference 2021.

Submitted for publication:

Grants:

2020- IOC Olympic Studies Center- PhD and Early career academics research grant Programme- successfully applied.

Project Title: Career transition of Olympic athletes: A cross cultural study of leadership characteristics, education, and career transition programs on career choice and success.

2020- President' Innovation Fund at Miami Dade College- submitted- not funded
Project co-author

Project Title: Addressing the prevalence of obesity and wellness through statistical lens using a project-based approach.

2014-2015- Aetna Foundation- \$40,000.00

Grant Director

Project Tittle- Project ALIVE (Active Living Everyday) and Mini- ALIVE- promoting wellness through education to decreasing or preventing obesity to economically disadvantaged youth. 495 lives impacted by lowering body fat% and BMI.

Research Assistant

1994-1995 Florida Atlantic University, Boca Raton, FL

To Dr. Diaz, Associate Professor of Education

Conducted surveys of teachers in Romania regarding teacher attitudes, teaching methods and philosophies as part of a multinational educational comparisons.

Translated the survey and collected all data for the teachers.

University Services:

2016- 2021 Internship Site Supervisor- Florida International University

Supervise, evaluate, mentor and assigned various tasks for students who need to complete a mandatory 400 hours of specialized internship.

2010 -2021 Miami Dade College

2010- 2021- Wellness Coordinator and presenter

Develop wellness, fitness and nutrition presentation to students and staff to increase wellness knowledge.

2011- 2021- Program developer and collaborator- School of Justice- Police Academy

Develop in collaboration with the Police Academy a water safety curriculum for the cadets to increase their efficiency when encountering water.

2015- 2021- Developer and collaborator Social Sciences department- Phycology

Developed in collaboration with Dr. Kay Rubin a series of presentation- The Psychology of Wellness where information on psychology and wellness are synergized.

2016- 2021- Developed content for MDC TV shows “Waist Management”- featuring specific fitness exercises, injury prevention, pool safety, drowning prevention, Yoga, stress management.

2016- 2021- Developed a collaboration with FIU to host physical education, exercise science interns that need to complete their 400 hours before graduation.

2018- 2021- Program developer and Collaborator with prof. Richard Patton, enhancing the Nutrition course curriculum with practical solutions for healthy eating, and inclusion of elite athlete nutritional needs.

2019- 2021- Program developer and collaborator with Mathematics Department

Develop and collaborate with Dr. Bonilla, Dept. Chair- in using statistical analysis to analyze their individual Wellness numbers (number of steps, meals, glasses of water consumed)

Developing teaching materials

2000 – 2001 Technical Programs Director - American Swimming Coaches Association

- Oversaw all aspects of technical programs related to the education and certification of swimming coaches from USA and the World.
- Developed technical and teaching materials for swimming coaches of all levels
- Conducted Certification courses at Swimming Coaches Clinics organized all over the country.

- Organized and oversaw specific aspects of the ASCA World Clinic in 2001.
- Liaisons between the best coaches from USA and the World.

Certifications:

- Collaborative Institutional Training Initiative (CITI)- IRB certifications (Human Subjects Researcher, Responsible conduct of researchers, Conflicts of Interest, Export Compliance)- 2021
- National Council of Strength & Fitness (NCSF), Personal Trainer certification
- Human Subjects Tutorial Certification- SDST, CA
- International Sports Science Association- Personal Trainer Certification
- FTCE Certification in Physical Education
- FEMA- Emergency management -NIMS

Work experience:

2010-present

Director of Aquatic and Fitness Center, Miami Dade College- North Campus

- Over \$900,000 revenue produced from memberships and pool rentals.
- Budget management: Manage the yearly budget to be self-sustaining department from pool rentals from high school, University, and private club swimming and water polo teams, and other governmental organizations such as Armed Forces, Homeland security, and Police departments.
- Instrumental in developing and implementing a college wide wellness center rules and procedures including online membership registration.
- Co-Chair of the Wellness committee, Women's History month, and Onboarding for new employees at MDC North Campus
- Coordinated with the HR and other campus wellness directors' college wide activities for employees, such as Corporate Run, Susan G Komen walk/run, UPS 5K walk/run benefiting the United Way employee wellness fairs, and other wellness events for employees.

Sports consulting experience:

2011-2018 Owner/President - 5 Star Sports Consulting LLC

Developed new events and business opportunities, mentoring and motivational speaker.

Coaching experience:

2002 – 2010

Head Swimming and Diving Coach- Florida International University

- Established a new Division I Swimming and Diving program compliant in all aspects with the NCAA rules.
- Managed all aspects of the yearly budget, competition schedule, team travel, equipment, and all aspects of recruiting the best student athletes for the program while fully compliant with the NCAA governing rules and regulations.
- Identified, hired, trained, and supervised both assistant coaches to ensure their compliance with NCAA, FIU and Athletic rules
- Obtained highest team GPA with 3.2 with more than half of the swimmers receiving either Honor Roll or Dean's list achievements.
- Academic All-American honors by the CSCAA for 3.0 team GPA
- Finished 18th at the NCAA Div I Championships in 2007.

2001 – 2014

Head Swimming Coach - Shores Village Aquatics, Miami Shores, FL

- Managing, organizing all aspects of a growing swimming team.
- Increased the number of swimmers each month.
- Teaching basic swimming skills to 7 to 16-year-old and developing complex practice plans for the more advanced swimmers of all ages.

1997 – 2000 Associate Head Coach for Men’s and Women’s Swim Team, Florida Atlantic University

- Managed the entire recruiting program for both the Men’s and Women’s teams.
- Recruited and coaches 2 NCAA final qualifiers, 3 South American games, 1 for World University Games and European Championships
- Supervised the fifth-year student and Graduate assistant coach.
- Participated in fund raising events for the FAU Athletic Department and the FAU Swimming Foundation.
- Initiated Alumni activities to include an Alumni database, periodic newsletter, and an Alumni meet, which has been an annual event since 1997.

1993 – 1995 Student Assistant Coach for Men’s and Women’s Swim Team, Florida Atlantic University

- Assisted the head coach in overall team training and management.
- Implemented the season’s training plan and assisted in recruiting and administrative functions. Some accomplishments include:
- Four swimmers participated in the 1996 Olympic Games.
- One Men’s NCAA Division I Champion

Athletic achievements- Swimming

1988 OLYMPIC GAMES

- SILVER MEDAL in 400 IM
- BRONZE MEDAL in 200 IM

1992 OLYMPIC GAMES - 11th in 400 IM

1986 WORLD CHAMPIONSHIPS - BRONZE MEDAL in 400 IM

WORLD RECORD HOLDER - 400 IM, (held for 6 years)

- equaled the 400 free

EUROPEAN RECORD HOLDER (broken after 15 years) – 400 IM

RANKED #1 IN THE WORLD

- 200 IM in 1986, 1987
- 400 IM in 1986, 1987, and 1988

1987 WORLD UNIVERSITY GAMES

- 5 Gold medals
- 2 Bronze medals
- Most valuable Player Award (MVP)

1987 EUROPEAN CHAMPIONSHIPS – GOLD, SILVER, and BRONZE

1986 GOODWILL GAMES - 2 Gold - in 200 IM and 400 IM, bronze-400 Free

1991 – 1993 NCAA DIV. II CHAMPIONSHIPS

- 8 TIME INDIVIDUAL CHAMPION
- NCAA RECORD holder in 200 IM and 400 IM
- Female Athlete of the Year – NCAA Division II
- Female Athlete of the Year – FAU
- Recipient of the HONDA Award for excellence in sports.

2007 Inducted in the first class of FAU Athletics Hall of Fame

COACHING CERTIFICATION:

- LEVEL 4 coach – American Swimming Coaches Association
- LEVEL 5 coach – Australian Swimming Coaches and Teachers Association

OTHER:

- Special Motivational Speaker at the Elite Sport and Culture Week in University Tiffin, Ohio- 2018
- Active member of the Junior Orange Bowl, Special Olympics events- swimming (2006- 2018)
- Coordinated numerous volunteer and community outreach programs with the FIU swimming and diving team (2003- 2010)
- Won the Volunteer award with the FIU swimming team in 2006 for the most volunteer hours performed by an athletic team at FIU.
- Organized and conducted a volunteer program teaching pre-school child to swim (1998-present)
- Organized and conducted all aspects of Nike Swim Camps (1997-2000)
- Organized and conducted numerous Stroke Clinics for swimmers of all ages.
- Fluent in English, Romanian, and Hungarian; proficient in French, Italian